

## **25th ESE Postgraduate Training Course on Endocrinology, Diabetes and Metabolism**

Rotterdam, The Netherlands, October 2019

### **Programme**

#### **Thursday 10 October 2019**

**16.00 – 19.00** Registration

**19.00 – 21.00** *Welcome reception*

#### **Friday 11 October 2019**

**8.00 – 8.30** Registration

**8.30 – 9.15** Pre-exam

**9.15 – 9.30** *Course Opening*

Sebastian Neggers, Chair of the Programme Committee

Camilla Schalin-Jäntti, Chair of the ESE Education Committee

#### **Session 1: Calcium, Bone and vitamin D**

*Chaired by Claudio Marcocci (Italy) & Misa Pfeifer (Slovenia)*

**9.30 – 10.00**            **Assessment of fracture risk**  
TBC

**10.00 – 10.30**        **2019 Guidelines on Pharmacological management of osteoporosis in women**  
TBC

**10.30 – 11.00**        **Hyperparathyroidism, to treat or not**  
Claudio Marcocci (Pisa, Italy)

**11.00 – 11.30** *Coffee break*

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**Session 2: Rare endocrine disorders**

*Chaired by Sebastian Neggers (The Netherlands) & TBC*

- 11.30 – 12.00**      **When rare paediatric diseases grow up**  
Anders Palmstrøm Jørgensen (Oslo, Norway)
- 12.00 – 12.30**      **Pancreatic NETs: diagnosis and management**  
Camilla Schalin-Jäntti (Helsinki, Finland)
- 12.30 – 13.00**      **MEN 1 to 4, genetic NETs**  
Gerlof Valk (Utrecht, The Netherlands)

**13.00 – 14.00** *Lunch*

**Session 3: Thyroid**

*Chaired by Camilla Schalin-Jäntti (Finland) & Robin Peeters (The Netherlands)*

- 14.00 – 14.30**      **Thyroid function in pregnancy**  
Tim Korevaar (Rotterdam, The Netherlands)
- 14.30 – 15.00**      **Thyroid nodules - what to do?**  
Laurence Leenhardt (Paris, France)
- 15.00 – 15.30**      **Autoimmunity in thyroid disease**  
Robin Peeters (Rotterdam, The Netherlands)
- 15.30 – 16.00**      **Thyroid laboratory assessment, the pitfalls!**  
Sjoerd van den Berg (Rotterdam, The Netherlands)

**16.00 – 16.30** *Coffee break*

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**Session 4: Sex hormones**

*Chaired by Terhi Piltonen (Finland) & Anders Palmstrøm Jørgensen (Norway)*

- 16.30 – 17.00**            **Irregular menstrual cycle, what to do?**  
*Terhi Piltonen (Oulu, Finland)*
- 17.00 – 17.30**            **Do we replace testosterone in men with functional hypogonadism?**  
Misa Pfeifer (Ljubljana, Slovenia)
- 17:30 – 18.00**            **Gender dysphoria**  
Guy T'Sjoen (Gent, Belgium)

**Saturday 12 October 2019**

**Session 5: Diabetes Mellitus**

*Chaired by Karim Meeran (UK) & TBC*

- 8.30 – 9.00**            **The road to Diabetes, how to make a U-turn**  
Martijn Brouwer (Maastricht, The Netherlands)
- 9.00 – 9.30**            **Modern glucose monitoring technology in the treatment of Type 1 Diabetes**  
TBC
- 9.30 – 10.00**            **Gestational diabetes as a predictor of future maternal cardiometabolic health**  
Henna Cederberg-Tamminen (Helsinki, Finland)
- 10.00 – 10.30**            **Genetic disorders of Diabetes**  
TBC
- 10.30 – 11.00** *Coffee break*

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**Session 6: Pituitary**

*Chaired by Sebastian Neggers (The Netherlands) and Daniel Olsson (Sweden)*

- 11.00 – 11.30**            **Somatostatin analogues in Cushing's and Acromegaly**  
Sebastian Neggers (Rotterdam, The Netherlands)
- 11.30 – 12.00**            **The incidentaloma and non-adenoma pituitary masses**  
TBC
- 12.00 – 12.30**            **Genetic disorders causing pituitary tumours**  
Albert Beckers (Liege, Belgium)
- 12.30 – 13.00**            **Hypopituitarism**  
Daniel Olsson (Gothenburg, Sweden)

**13.00 – 14.00** *Lunch*

**Session 7: The adrenal**

*Chaired by Anders Palmstrøm Jørgensen (Norway), Bas Havekes (The Netherlands)*

- 14.00 – 14.30**            **Biochemical diagnostics for enlarged adrenal**  
TBC
- 14.30 – 15.00**            **Adrenal adenoma and hyperplasia**  
Richard Feelders (Rotterdam, The Netherlands)
- 15.00 – 15.30**            **Glucocorticoid replacement, easy-peasy!**  
Karim Meeran (London, UK)

**15.30 – 16.00** *Coffee break*

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**Session 8: Parallel Sessions**

**16.00 – 17.30 Selected Clinical Cases**

*Chaired by: TBC*

**Thyroid cases:** Robin Peeters (The Netherlands) and Laurence Leenhardt (France)

**Pituitary and adrenal cases:** Sebastian Neggers (The Netherlands) and Karim Meeran (UK)

**Diabetes and obesity cases:** Bart van der Schueren (Belgium) & TBC

**Calcium and bone cases:** Claudio Marcocci (Italy) & TBC

**17.30 – 18.30 Exam**

**20.00 Dinner**

**Sunday 13 October 2019**

**Session 9: Miscellaneous**

*Chaired by TBC*

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| <b>9.00 – 9.30</b>   | <b>Hyperaldosteronism</b><br>Jaap Deinum (Nijmegen, The Netherlands)                             |
| <b>9.30 – 10.00</b>  | <b>Bariatric surgery, or is there an alternative?</b><br>Bart van der Schueren (Leuven, Belgium) |
| <b>10.00 – 10.30</b> | <b>Sugar, obesity and cancer</b><br>AJ van der Lely (Rotterdam, The Netherlands)                 |

**10.30 – 11.00 Coffee break**

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**Session 10: Diagnostics**

*Chaired by Richard Feelders (The Netherlands) & TBC*

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| <b>11.00 – 11.30</b> | <b>Thyroid ultrasound</b><br>Murat Erdogan (Ankara, Turkey)   |
| <b>11.30 – 12.00</b> | <b>Diagnosing dyslipidemia using apoB in Clinical Practice</b><br>Jacqueline de Graaf (Nijmegen, The Netherlands) |
| <b>12.00 – 12.30</b> | <b>Abdominal imaging in endocrinology</b><br>TBC  |

***12.30 – 13.00 Closing remarks and certification information***